Hair Loss Testimonials

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Keyword Search Results: Hair Loss

The following testimonials contain, “Hair Loss” either in the summary or description. View testimonials on line by visiting the URL in the footer of this document.

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Young Living Essential Oils
Hair Loss Testimonials

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**How I stopped hair loss**

I started losing 'gobs' of hair in 1997 - pre-Young Living. I worked with hormones, stress, minerals, etc. - all the usual suspects. It was getting so bad that I purchased an expensive wig from someone who works with cancer patents. I also purchased expensive hair care products from her. Enter Young Living Essential Oils. Might as well...

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use their hair care products. Lavender shampoo and conditioner sounded nice. Didn't change anything. Tried Rosewood. Hair loss stopped IMMEDIATELY! After several months went back to the Lavender. Hair loss began again. Went back to Rosewood. Loss stopped again immediately. Lesson: Don't give up, keep trying

Hair loss from menopause

I've always had lots of hair - at least until I went through menopause. At that time, my hair started falling out and getting much thinner. I started using Nioxin shampoo & conditioner and it stopped, but never got thicker again. One day, some of the shampoo spilled down the shower wall and took the sealer off the travertine tile. I decided I needed to do something to stop using that shampoo. I started using Clary Sage daily - a dab on my wrist and ankles. My hair stopped falling out and started getting thicker. I stopped using Nioxin and my hair is thicker and in better condition than it's ever been. Thanks, Clary Sage!

Hair texture has improved

My hair has always been hard to handle-baby fine, limp, and floppy. I use to think I needed a perm to give it body. I started using Lavendar volumizing shampoo and conditioner and have been totally amazed and excited about the difference in my hair texture. It truly does volumize-has given my hair body and fullness and made it easy to style. My hairdresser has commented the last two visits about how healthy my hair is.

Menstrual regularity, sleep, digestion, hair loss

I am 43 and have been using YL Oils for approximately 3 years. During this time, many levels of healing have been addressed, but only until recently have I focused on my menstrual cycle, which has been 'short' for about 10 years. Rather than the full 28 days, I could usually count on it coming about 23 days or so. Especially when stressed.

More recently I began to notice vaginal dryness, which has never been an issue. This finally got my attention. After looking at the various YL options, I chose Estro as a starting point and ordered it this November. I began taking 3 gel caps of Estro during the middle of my cycle, and these are my observations since that time.

One: When my next cycle came, it was spot on schedule from the last one, 28 days. (This only after less than two weeks of taking Estro)

Two: My digestive issues slowly began to ease up and shift. I have been working diligently to heal some stomach/digestive problems this last year, and they have challenged me to the limit to look at all levels. I noticed recently that hormone imbalance can contribute to digestive problems.

Three: My sleep greatly improved! For the last 10-15 years, I have been prone to insomnia, either difficulty falling asleep, or waking at 3 AM (the liver high time) and not being able to fall back asleep. Many nights, I never slept. Many practices have been developed to quiet the mind prior to bed, in hopes of sleep. Since beginning the Estro Tincture, even on those nights when I turn in wondering, I drop off to sleep easily. That book I've been trying to read is moving slowly, I get about a page into it and I'm gone. I am AMAZED!

Four: Hair Loss has completely stopped! All during these years I have been a frequent 'shedder', every change of season, every sugar digression, every sleepless night would produce considerable hair loss. Quite frustrating! Suddenly I notice that the hair is staying PUT! Even on the occasional event when i don't sleep, or partake in a wee bit of sugar (rarely)... my hair does not shed.


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Five: Weight loss. I have been slowly and steadily losing weight for four years. Perhaps 35 pounds during that time. Each shift preceded by a healthy lifestyle change, from the very unhealthy habits of my youth. I have begun losing more weight since the Estro Tincture was introduced. Lost several more pounds over the holidays, and it feels like a lot more is ready to go. More than the physical weight are the changes to the body itself. Contours continue to smooth and slim down, the loss appears greater than the actual pounds.

To date, I have been taking Estro Tincture for approximately 6 weeks, and its a sure bet that I will continue this practice until it seems appropriate to change it. I chose Estro after discussing the various options with my upline. Because I am still menstruating, Estro seemed the best fit. My upline friend mused, 'This is sure going to shift a lot of things for you.' She couldn't have been more right. I look forward to seeing what else happens.

Peace and Calming calms hair frizzies

On a particularly bad hair day I wondered which oil might help. I rubbed a few drops of Peace and Calming through my just washed, overly dry, bushy hair, and a few minutes later I was amazed at how sleek and shiny it looked. Now Peace & Calming is part of my hair grooming routine.

Removing gum from hair

I used lemon oil on my son when he managed to get chewing gum stuck in his hair. I just put a couple of drops on a cotton ball and rubbed it in his hair. It came out like paper. It also came off of skin with ease. It did burn him a little, so, I had to use V-6 mixing oil to dilute it. That helped, he said. :-)

I used Essential Beauty Serum in my hair!

For years I have only used shampoo on my hair and not conditioner because it makes my hair feel heavy. However, when I use nothing, the ends are dry and it's hard to comb so I had always used a few drops of a leave-in shine product that doesn't weigh my hair down. Recently, I decided to purge my house of all products that have petrochemicals or other toxic ingredients in them. The shine product had to go.

I had just gotten a bottle of Essential Beauty Serum for Dry Skin for my face and decided to use 2-3 drops on my hair. I put the drops in one palm, rub my palms together and then rub over the surface of my hair, wet or dry. It's great! My hair doesn't feel heavy or limp and I can comb right through it. The Essential Beauty Serum for Dry Skin does such a wonderful job on the dry patches on my face I'm excited that I'm helping my hair as well.

My NingXia Red hair and other wonders

I started drinking Berry Young Juice, now NingXia Red, since March of 2004. I had noticed the increased energy immediately and over time I noticed that it made me physically strong although I didn't have a regular exercise program. About six months later I did get a complete physical and the doctor was not only astounded that my HDLs (good cholesterol) was so high, but that my LDLs (bad cholesterol) was very low. In total my level was 127 at the time. Six months earlier it was 165!

But the most interesting thing for me is something I noticed earlier in 2007, just about 3 years of drinking NXR, my hair no longer breaks off. I am an African-American with very curly hair and for years I would see tiny little 'Cs' in the sink and bathroom and whenever I combed my hair. Whenever I shampooed my hair, there was always a large clump of hair that would collect on the comb. No surprise, the average human being loses 100 hairs per day.
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day. Now when ever I comb my hair, there's barely any hair in the comb. It takes me about 3-4 days to come up with the same amount of hair in my comb as it used to in one day. My hair is longer and stronger and easier to comb especially with the Young Living shampoos. This should be no surprise. Hair is made of protein and NXR is 16% protein and is completely available to the body.

I hope you can develop your NingXia Red hair too!

Lovely mane of hair with Animal Scents Ointment

Recently my upline attended the meeting in Chicago and mentioned a tip from another distributor friend in Canada. This woman apparently has a lovely mane of hair and is often asked ‘what DO you use on your hair?’ Her secret was quite simple. She uses Animal Scents Ointment.

My own hair took quite a hit last year while I was dealing with stomach issues, and so it looked less healthy than normal. I thought what the heck. I'll order some and give it a try.

I shower and shampoo as usual, wick up some of the moisture with a towel. Then I put a dab of the Animal Scents ointment in my palm and add two drops of Rosemary or Lavender oil which somewhat liquifies the ointment. Rub the hands together, apply it into my hair and dry lightly. My hair is curly, full and shiny and I am happy to make use of one of Young Living's natural products any day.

Stressed cat that would pull hair out

A 5 year old cat was pulling hair out. The cat was under stress of another cat in the household that was ill in which the cat was very attached to. The owner tried Feliaway with partial success but not total resolution. Owner was offered essential oil option to try. The use of Peace & Calming diluted and diffused into the environment and on the scratching post, toys, blankets, etc. allowed the cat to calm down to the point that the stressed induced hair pulling resolved. The owner upon discontinuing the oil and only using feliaway noted the pulling of the hair to resume to former pre-oil level. Once she started the essential oils again the calmness returned and the hair pulling resolved.

Detarome toothpaste promotes hair growth

I realize that Young Living now makes a deodorant containing essential oils. However, I still love doing what I learned from other distributors years ago, and that is to use Dentarome toothpaste. I smell minty clean for just a few minutes and then it goes away. However, it keeps me odor free the whole day!

One thing that I've noticed is that the toothpaste somehow promotes hair growth. When I use it, my under-arm hair requires more frequent shaving. I've tested this by not using the toothpaste for a few days and the rate of growth slows down. Perhaps this may help people who are trying to grow hair on their head? If you have success, please let me know.

Weight loss with grapefruit oil

I have used grapefruit for weight loss. The way that it works is it helps you to drink more water but it also makes you less hungry when you eat. So you eat how much you should eat not how much you want to eat.

Hearing loss and lavender oil

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Two years ago I was diagnosed with significant hearing loss for which I was told by physicians could not be restored. After using Young Living lavender around my ear and on a cotton ball in the ear several times a day my hearing began to come back in 3 days and was completely restored in 3 weeks. I am now fully hearing.

How I Tamed my dry frizzy hair

By using Rosewood shampoo and conditioner, my dry hair is more manageable and does not fly all over the place. When I comb it, it stays in place. Also it has a nice shine to it.

My hearing loss experience

After a recent summer cold, I experienced hearing loss due to head congestion. I had used various oils (Purification, Grapefruit, R.C, Raven, Lemon) but my ears remained 'plugged.' I looked in one of my books and saw Eucalyptus Radiata mentioned so dropped a couple of drops on a hanky and inhaled. Within 5 minutes, my ears opened up and I could hear again!! I praise God every day for these oils!!

Hair and nail growth with Sulfurzyme

I have been using Sulfurzyme for 5 weeks and my nails have never been stronger. I look like I have a French manicure without the smelly polish. I also have new hair growing in. I just got it cut and the stylist confirmed all the new growth coming in. I take 2 capsules in the morning and 2 at night.

Grapefruit oil for depression and weight loss

About a month ago we started our annual 'wellness program' at work. I read in the Essential Oil Desk Reference about grapefruit oil helping with depression, and being a fat dissolving oil. I try to have a bottle of water each day that has 4 - 6 drops of grapefruit oil in it. I have been in a much better mood and with some quality time spent on the treadmill. I have had some weight loss as well. I really think the grapefruit oil has helped with keeping my 'down days' in check. Just remember to shake the bottle to keep it mixed. It tastes great!

Mother had an astounding bone density scan

My 90-year-young mother just had a bone density scan because she has had severe loss of bone mass. Her rheumatologist was astounded because he said that she no longer has severe bone loss. He couldn't believe that her bone density improved so much in 1 year. Now what did she do differently? She has been taking BLM for around 8 months, just 1 level scoop a day. She can't take more because BLM is too high (for her) in potassium. I put the BLM in a 'jigger' of Berry Young Juice with a dash (about 1/2 tsp.) of Coral Sea. I don't know if it's the combination or the BLM which did it.

Aren't Young Living products wonderful!!?

The wonders of spikenard oil

This oil is discussed in the Bible as the part of the unguent used by Mary Magdalene to anoint the feet of Jesus at the Last Supper. Based on this act, spikenard is steeped in historic symbolism. It can be used by those working in hospices who care and treat patients that are very ill. I have created many products for personal use using spikenard - deodorant, bath salts, hair color oil, muscle relaxing liniment, meditation blend, study blend and as a digestive blend in capsules.

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Spikenard (nardostachys jatamansi) works on the circulatory system as a blood purifier; on the muscular system as an analgesic and anti-inflammatory agent; on the nervous system for anxiety, absentmindedness, claustrophobia, indecision, convulsions (epilepsy and hysteria), and on panic attacks; on the digestive system as a digestive aid for flatulence, intestinal worms, kidney stones, and used to increase metabolism to reduce fat; on the hair as a hair tonic (makes the hair grow faster and also keeps your hair in its original color) and dandruff; good for skin care to heal rashes, cure snake and scorpion bites, and rejuvenating mature skin; and on the psychology of coping with change, fear, sadness, self-criticism, tantrums, unforgiveness, and worry.

Mange is gone on our dog

We have a junk yard dog that was given to us half dead several years ago. He came with mange that the Dr. said it was hereditary kind.

This last spring we were ready to put him out of his misery when we found the young living oils. I had sprayed several oils on him, on his back and feet (oregano, eucalyptus, melaleuca and lavender in a carrier oil). He did not like it but I tried to get it on him when I saw he felt bad. Within minutes he would get up and with a twinkle in his eye.

It has been several months now and he is very much with us and he has hair again. He still has scar tissue so his hair is not all there but he is running on the farm again and barking at strangers :) he feels great.

Head lice

Hear is my experience with head lice. For one thing it's not a fun thing to go through but with Young living it made it so much easier.. Thanks to Young Living's products & please note, I didn't use any chemicals except laundry soap for the washing machine, but even then I added Thieves Cleaning solution.

My son who is 7, got head lice from school. I noticed in the 2nd week of summer vacation my son has head lice... He had at least 15+ live lice and tons of nits which are eggs. So what do I do I shaved his head. After doing that I checked my 5 year old daughter and she had them, but not as bad. Only 4 live and few eggs, but I couldn't shave her long blonde hair: so pulled out my Essential Oil Desk Reference Book to see what to do. I ended up treating myself & husband as well, just to prevent it.

There are 4 recipes in the book so I picked one & then rotated them throughout the next 14 days. This is what I did and we were egg free in 5 days & NO Chemicals on my kids head!

Every morning I did this recipe
1 ounce of olive oil
10 drops or so of Eucalyptus radiata
8 drops or so of Lavender
5 drops or so of Geranium

I put this in a hair coloring bottle (due to it's easier to apply to the scalp of the hair). Then I put it on the scalp of the hair in layers/sections. Then I combed it through. When the hair was all coated (mainly the scalp) I put a disposable shower cap on (Throw the cap away with every treatment) You can buy these at beauty supply stores and are really cheap. Let this sit on for at least 30 minutes. I ended up with this on my head for over 2 hours one day, don't worry it won't hurt you. it actually helped my hair grow faster.

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After the 30 min or so I washed everyones hair with YL Lavender shampoo. (Only wash hair over a tub, due to the lice can attach itself onto body hair) Dry off with a towel then I did a rinse treatment.

Rinse treatment is:
1 ounce apple cider vinegar
4 drops of eucalyptus
4 drops of lavender
4 drops of geranium
8 oz of water.

I also put this in my coloring bottle and applied all over the head, making sure ever hair was rinsed and then let air dry naturally. After the hair dried I went through the hair and picked out the nits (eggs) from the hair. After day 5 I didn't find anymore eggs, but kept checking!

I did this for a straight week then I did some of the other recipes in the book. After day 5 I didn't find any eggs, but just in case I kept doing these hair treatments for the 14 days and we became lice free without chemicals.

I also washed everything with thieves cleaner. Laundry - I did laundry soap but added thieves cleaner & washed everything in hot water. I vacuumed my carpet & couches everyday, then I sprayed my carpet & couches with this mixture in a big spray bottle -water, peppermint, lemongrass, oregano, thyme & purification. The things I couldn't wash I bagged up in large garbage bags and put out on the porch for 2-3 weeks. This I did because lice can not live with out humans.

Our whole family learned & destroyed the lice & nits from our life with Young Living Essential oils. I didn't have to put chemicals on my growing childrens brains to get rid of lice ! If you check on the web what is in the ingredients in the nit lice treatments & other treatments, it would make you cry to know what we are doing to our children and these chemical ingredients. I'm just glad I didn't have to cry over that! Just cried because my children had lice...

I hope this will help others get through there own lice situations, & don't be afraid of using to many YL oils!

**Cortistop weight loss**

I had been on an anti depressant and wanted to lower my coritsol level, so I started talking Cortistop twice a day. Not only did I feel better, I also lost 24 pounds without dieting.

**Melrose for horse saddle sores**

I used Melrose and Rose Ointment on two saddle sores on a horse. By the time the girl told anyone the sores, they were open, weeping, raw and about 3 inches across on each side of the withers. The vet had given the owner of the horse several different antibiotic ointments to try, nothing worked and the flies were getting in the sores as well. I used about 10 drops of Melrose on each sore and Rose ointment layered over that, and told my friend (the owner) to repeat 2 times per day. I received a call 3 days later that not only were the sores half their size but new hair was already appearing. The hair did come back in white (on a dark horse,) but horse could be saddled and ridden within two weeks of treatment. Sores had been open for over 3 weeks before treatment with oils.

**Ear infection & permanent hearing loss reversed**

I have used Young Living oils for about three years now. I wasn't very active in the beginning, buying peppermint oil on occasion, just because I liked the taste of it. Then one day I was reading the latest copy of Essential Edge...
and read about a gal who had a daughter that always got ear infections...so she tried Lavender oil and the ear infections went away. So I decided to try Lavender for my daughter. Since she has been 18 months old, we had to take her to the doctor for one ear infection after another. Nothing would clear them up. Tubes were finally put in when she was about 3 and then again when she was 4 1/2 to 5. (they also removed her adnoids during the last surgery) She would still get sick, but her ears didn't hurt as much.....they just oozed with infectious crap. And then after sleeping all night, she would wake up in the morning with so much flem and crap in the back of her throat that she would cough and cough until she would vomit.

During the winter months this was a morning ritual! And as a result of all of the ear troubles and the two sets of tubes, she was left with 'permanent' hearing loss. The specialist didn't want to do another surgery until we got all of her 'crap' cleared up, and it never cleared up! So he wanted us to give our daughter, 6 at this time, Sudafed for 6 to 8 months......daily......4 times a day. Then, if that cleared her up, he would consider doing the surgery that would be needed to regain her hearing. This is when I read about the Lavender and thought....Sudifed is bad for adults and I don't really want to have to give it to her for 8 MONTHS, so what have I got to loose?

Well, I started using Lavender on my daughter, putting it on her feet and on her ears every night. I started that in June of 2002. And every year shortly after the school year would start, our local AEA did a hearing screening of all the kids in school. The AEA knew us very well, they had been screening my daughter's hearing every three months since she had been in preschool. And every time they screened her, a letter would come home stating that she had a 25% to 50% loss in her left ear and a 50% to 75% loss in her right. We would communicate regularly about what the doctors were saying and what the latest plan of action was. The loss was affecting her experience at school...she couldn't hear!! And she was falling behind. Anyway, when she started school that fall of 2002, the AEA did their screening and we received a letter again, this time with a big old smily face on the front of it. It said, 'Your daughter's hearing is back to normal!! Yeah!! What did the doctors finally do this time?' Now, we had done nothing!! No sudifed, no surgery, nothing but use the Lavender oil. How amazing! Chey is now in 3rd grade and to date her ears are super! Her hearing is superb, although she does occasionally get a case of the selective type :-)

We have no more ear infections, no more 'crap' oozing out, no more coughing in the morning. In fact, we visit the doctor two times a year, ust to have our well checks and boy are we ever well!! I just could never thank Dr. Gary Young enough for making such a wonderful line of products. I could never put in to words how these oils have literally CHANGED our lives!! To see your children suffer is so painful, especially when there is nothing you can do to help them. And that is how my husband and I felt. Many nights were spent in tears because we thought we were doing everything we could to help our child, and it wasn't working. AND THEN.....SHE COULD HEAR!! IT'S PRICELESS!!

Oils for our daily needs

I do not know how I ever got along without Young Living's Oils. I used Valor with an organic Aloe Gel for aches and pains, then I used it on a nail that was badly bent back which most women know that it is extremely painful! Now if I can find an oil that will help with weight loss and one to help for the fatigue from the high heat we are having, I would be a little closer to Heaven!

Fennel mitigates addiction of coffee

Loss of B vitamins, vitamin C, etc. known to be at risk in the consumption of coffee (even 1 cup per day) can be successfully uplifted again through the diffusion of sweet fennel or use of this oil on your wrists -- together with focused attunement/meditation and conscious eating: i.e. processed sugar avoidance. Let your body learn to tap the high recesses of the mind to heal and refurbish the effects of addictive stimulants such as coffee!

http://www.oil-testimonials.com/aromatherapy.php?t=1&q=Hair+Loss

To Order any product mentioned in this document, call: 800-371-2928 – Member # 847288, if you were referred by Melody; or 717235 if you were referred by Fran Gourdet.
Our son's Seborrheic Dermatitis, akin to dandruff

My 16 year old son has suffered with Seborrheic Dermatitis for years. While it can look like a very bad case of dandruff, it spreads to the eyebrows and is accompanied by an incredible itch, and there are red patches in the scalp. His even bled from time to time, probably from scratching.

We had tried over the counter dandruff products, the coal tar products, and prescription shampoos and even 'buzz cutting' his hair to let the 'sun' get to it. He was also given a drug that costs about $5 a pill which, I must admit, the side effects were so long that he didn't take them the full course because they did nothing for him early on.

Being new to the essential oils, but convinced they worked because of the experience my son had with N-Grain and his headaches, I decided to get the Lavender shampoo. As had been his experience with all shampoos, the first few days it seemed to work. My son told me not to get too excited because the results fade fast. Well, to our delight, he continued to improve. The itch subsided, the red rings encircling the spots diminished and then went away. The 'dandruff' itself is gone but for a couple of spots near the temple, but the need to scratch it is no longer there. Even his eyebrows are clear! In addition his hair is light, full volume and looks better than ever.

We have since added the lavender conditioner which is helping him further, and will do a liver cleanse to clean his system out. I can't say it 'cured it' but it surely has brought his symptoms down to almost zero and kept them there!

Citrus Fresh for after shave use

My husband Michael, the skeptic, decided to use oil for the redness on his neck from shaving his tough beard. After just one week he noticed that he no longer gets rashes even if the razor is a little dull. Also he would have white-heads from hair follicles not poking through the neck skin right away which are completely gone. He is now a believer in the yet another oil and what it can do.

Bone density improvement

My 58 year old mother had a bone density test which revealed decreased bone mass. She started taking Berry Young Juice and Super Cal and had been on these supplements about 6 months before a second scan was performed. The results of the bone density scan revealed no bone loss at all. In fact, her doctor told her she had the bones of a 30 year old.

Thieves blend for dog's fungal patch

My dog seemed to have a fungal patch on her forehead and so I tried Theives oil and covered it with YLEO Animal Scents Ointment. Within weeks the fungal patch was gone and her hair grew all back!

Insect sting and weight loss

My husband, David, was a severe skeptic at first – But little by little he learned to trust the oils and supplements. His first experience with the oils came when he was stung. I whipped out my Purification bottle and put a single drop on the sting – Within a minute the painful sting was gone. Since then he now uses all the oils and no longer reaches for over-the-counter medicines. As a matter of fact, my medicine cabinet is filled with Therapeutic Grade
Essential Oils ONLY! I don’t even have a band aid in there. With BodyGize, David lost almost 40 lbs – and counting!

**RC & Thieves and the common cold**

There is a cold bug this year with some flu like symptoms, such as fever, loss of appetite, and then the usual cold symptoms of clogged head, congestion etc. I’ve been using Thieves to combat the sore throat, and congestion, but my friend gave me a little bit of RC, and what a difference! My head began to clear, and my congestion is better with just one application.

**Lavender used for road rash**

My son fell off his bike and had road rash and two stitches on his chin. I had listened to Gary Young’s tape telling how lavender was used accidentally for burns so I thought the road rash was similar & within one week the scab came off and new clean skin was in place. It doesn’t look like he will have any scars or even pigment loss like the ER Doctor had told us. My son didn’t want any scars so he wore lavender to school and none of his friends said anything, he didn’t care if it smelled and he is very happy with no scars!

**Dogs like lavender shampoo**

Do your dogs hate their baths? Well, my pups do, but since I have put Lavender in the shampoo, no more wiggly squiggly crazy dogs.

**Lavender wards off head lice**

I get a little paranoid when we get a notice from school that says someone in the class had lice! So, I use lavender in the kids shampoo, and no worries for me! Never had a problem, and I feel better. I send them to school with a little plastic spritzer bottle in it with Lavender, too, and they spray themselves down now and then!

**Headache relieved with peppermint**

A friend was visiting who always grabs pills for a head ache. I had no pills so got my peppermint oil and put a drop on his finger. He touched it on his forehead at the hair line, on each temple and on his tongue. I handed him a glass of water which he drank. Within seconds he said, it stopped hurting. He was grateful and relieved.

**JuvaTone and thicker lashes**

I've had the problem of having very thin lashes, even bare spots, in the past years. I hadn't really focused on getting a remedy for it; but I accidentally stumbled upon JuvaTone working for this. I have checked this several times -- I've gone on and off of JuvaTone to see if it was really making my lashes thicker; and it's the only thing that I can pinpoint back to.

**Facial wax stuck on fingers or skin**

The usual cleaners to get hot wax off the skin or elsewhere can be/is quite toxic. I remove facial hair with wax and if you get the hot wax on your skin it is a pain in the butt to remove it, even the strips can't even get it all off some times. Any citrus oil from YLEO works like a charm! I can't believe how easy it took it right off. Spas with waxing services would love the ease of these citrus oils for removing wax residue.

**Emotional clearing technique**


To Order any product mentioned in this document, call: 800-371-2928 – Member # 847288, if you were referred by Melody; or 717235 if you were referred by Fran Gourdet.

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Young Living Essential Oils
Hair Loss Testimonials

Disclaimer Notice: The information contained in this document is intended for educational purposes only and is not meant to replace medical care or to prescribe treatment for any specific health condition. Please also note that these testimonials refer to the use of the high quality essential oils from Young Living.

I was practicing the Emotional Clearing Technique on a friend who, although I didn't know it at the time, had been having a blood transfusion 2 days earlier for an acute loss of blood over the previous 3 months. The hospital wanted to perform an operation but she wanted time to think about that.

Within 2 hours of finishing the Emotional Clearing she was sharing what the experience was like for her and then revealed she had stopped bleeding. 2 days later after many more tests at the hospital she was sent home, being told 'your system is normal'. She later told me that she felt that some of the emotions she hadn't dealt with were impacting on her health.

Using lavender for burns

My husband was using a torch to do some plumbing for my parents. My father ran up stairs, saying that my husband had burned himself. I ran down with Lavender. He had a bad burn on the base and side of his palm, and had burned the hair off his arm. I put some lavender on that day and once the next day. It never blistered. After the initial burn, he wasn't in pain. Three weeks later the skin peeled off. The only reason I didn't put more on is because he wasn't quite a believer and he wasn't in pain. Now he tells everyone.

Weight loss as a bonus

One month ago I started using the products in the Young Living Vitality/Energy HERS package (the kit includes Master Formula HERS, Mineral Essence, Ultra Young+ w/DHEA, VitaGreen, Cortistop, NingXia Red, & the oil blend En-R-Gee).

An unexpected bonus has occurred while using V/M HERS --- I have lost 16 lbs!

Over the years I have tried many different ways to lose weight, without success. That I have lost these 16 pounds (and counting) without any special effort, except for using the YL products has made me very happy.

I have found that the more I use the V/M HERS my cravings for sweet, salty or empty foods has lessened dramatically.

I wish I had tried Young Living products a long time ago. I am encouraged to continue their use.

Sore throat passed quickly

A friend of the family was sick with something that included sore throat and voice loss. We found out near the end of her illness, so gave her some Thieves spray to use orally. She sprayed her throat a total of three times that night, and the next day her voice was back.

When I started to get a scratchy-feeling throat soon after, I rubbed a couple drops each of Frankincense and Lemon on the outside of my throat, along the lymph & Eustachian tube areas. I did it once that day. The next day I used Thieves spray in my throat once about noon, and that night I did the Frankincense + Lemon again. When I woke up the following morning, my throat was back to normal!

Peppermint for cat allergies

http://www.oil-testimonials.com/aromatherapy.php?t=1&q=Hair+Loss

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A man was visiting my home. I was out when he arrived and, by the time I came home, he was suffering with a runny nose and itchy eyes. I have six cats and he was allergic to cat hair. I brought out my bottle of Peppermint and suggested he rub a few drops on his hands and breath into his hands. Within minutes, he was fine and totally amazed.

The next day, we visited another friend with cats together but, unfortunately, I had left my Peppermint at home. So he spent most of the 'visit' sitting outside alone.

**Bubble gum removal with lemon**

My son had gotten into my 'stash' of cinnamint gum that I keep hidden. I keep it hidden, because he always forgets that it's the 'hot' kind and he doesn't like it. But, not until he has put it in his mouth does he remember this. He is 4 years old.

One day, he got a piece of it and tried to hide it from me after he realized he had gotten the 'hot' kind. He hid it behind his neck, in his hand. Only problem was that he was trying to hard not to let me see it that he got it in his hair! He had chewed it enough that it was stuck good. Even in the smaller hairs on the back of his neck.

I had been using Lemon oil, so, naturally, I reached for it. I put a little on a cotton ball and rubbed it into the gum. It came out like paper. It was so easy! It did burn him a little, so, I added V6 to his skin, which took the burn away. Definitely a useful tool with small children!!

**Release removed pent-up feelings**

After my husband's death in May of 2004, I got right back to my job and spent little time allowing myself to feel my loss. I was introduced to essential oils in August and bought some Release. A friend went with me to a hospice memorial service months later (the same friend who introduced me to the oils). I brought the Release oil with me. Ten minutes before the service started, I opened the bottle and put some on my hands and inhaled. Even before the service started, tears were pouring down my face. What amazed me was how hard the tears were flowing, and yet I was not feeling bad. I just felt relieved. I probably cried over a half hour -- quietly and peacefully, actually. It was simply a draining that needed to happen. I didn't feel awful afterwards (as I often did when I cried) -- just relieved!

**Multiple benefits from NingXia Red**

I have been drinking about 2 ounces of NingXia Red for the last two years on a daily basis. I have noticed that my allergies have cleared, my hair has grown and is healthy, no morning aches and pains, improved memory, no menopause symptoms and most notable & verifiable--my eyesight has improved in both eyes and this has been verified by my eyeglass and contact lens prescriptions coming down .25 and .50 points. I am sure there are other benefits that I don't even know are happening to my body. NingXia Red is my lifetime elixir.

**NingXia Red, diabetes and weight loss**

My name is Elizabeth Head and I am a distributor for Young Living. One of my customers and my dearest friend, Debbie Rogers, suffered with diabetes. Although she could control it mainly with diet and exercise also, at times, would have to take some form of medication to lower her sugar levels. After beginning to use the essential oils and adding NingXia Red to her daily diet, she soon discovered that she no longer suffers from any symptoms of diabetes. She has also began to loose the excess weight and has experienced an increase in energy and an over all sense of well being.
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Debbie’s favorite Young Living products are: NingXia Red, Frankincense, lavender and peppermint. She also uses Thieves, Peace & Calming, Valor and Purification. If you’d like to hear her personal testimony, e-mail me using my contact link above and I’ll provide you with her phone number.

Blessed be, Liz

Aroma Life eliminated tumor / cyst on cat

Aroma Life was my very first Essential Oil and I used it for everything. One day I found out that there was a lump on our cat’s back. It was right beside the spine and about 1/4in in diameter. So I dribbled 2 drops of the oil on it every day. On the 2nd or 3rd day I noticed that the skin over the lump now looked like a crater. I just kept up the oil on it for 5 days. It didn't seem to have changed after that.

After 5 days we had company and I forgot to put on the oil. After the weekend, day 8 I picked up the cat to resume the application. To my great surprise the lump had totally disappeared. The skin was totally flat, clean, no crust, scab or anything. Like it had never been there. After several days I picked her up to look at it again and there was all new hair growing.